### Cyclesolihull Routes

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

This series of routes developed by Cyclesolihull will take you along most of the network of quiet lanes, roads and cycle paths in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road with their parents.

You can cycle the routes alone, with family and friends, or join other people on one of the regular Cyclesolihull rides.

#### **Route Lengths and Route Numbers**

There are over 50 routes in this series which are grouped by distance using a route letter:

**T** (Taster) routes are about 5 miles.

S (Short) routes are about 10 miles.

**M** (Medium) routes are about 15 miles.

L (Long) routes are about 20 miles.

XL (Extra Long) routes are about 25 miles.

The route number indicates the starting point – for example routes S2, M2 and L2 all start from Knowle. There are over twenty different starting points. A full list is available from www.cyclesolihull.org.uk.

This is one of a series of cycle ride leaflets produced by Cyclesolihull which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free cycle rides, promotes routes like this one and provides information about cycling.

## Cyclesolihull Rides

**Cyclesolihull** offers regular opportunities to join with others to ride many of the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 20 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm from April to September and at 1.30 pm from October to March. One of the routes will be followed with a a mixture of route lengths ridden during each month. In autumn and winter there are more shorter rides to reflect reduced daylight hours. One Sunday of the month in spring and summer the ride is a 5 mile Taster Ride. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for new cyclists and children.

**Evening Explorer Rides** are on a midweek evening from early May to mid-August starting at 7 pm. These rides all follow the shorter "S" routes so are about 10 miles long.

Saturday Stretcher Rides take place weekly on most Saturdays, starting at 9.30 am points. They are about 30 long, are at a faster pace and do not follow a fixed route, so are suitable for more experienced cyclists.

All Cyclesolihull rides have an en-route refreshment stop of about 30 minutes at a family-friendly pub or tearoom.

For ride date, routes and starting points download our current Ride Programme from:

#### www.cyclesolihull.org.uk

or pick up a copy on one of the rides.







# Cyclesolihull

Explore your borough by bike



10 miles via Babbs Mill, Old Yardley & Sheldon Country Park

fun and get fit exploring your local area with this self-guided cycle ride.

## Route S17 Chemsley Wood to old Yardley and Sheldon Country Park

**Distance:** 10 miles (60-80 mins). **Start:** Banbury Club, Bosworth Drive (opposite Asda) B37 5EX SP175868.

Route Summary: A varied ride using mainly quiet urban

roads, park paths and off-road cycle routes.

Refreshments: Sheldon Country Park Farm.

Parking: 3hrs free parking next to Asda.

#### The Route

- A Facing the **Banbury Club** follow the path around the corner into **Bosworth Drive** and immediately bear R before the bridge to the lower path. Turn R on to the main cycle path and go under the next road bridge into **Meriden Park**. Take the next path L across the narrow bridge over the end of the lake (please give way to pedestrians).
- ☑ At the next path junction turn R and cross the bridge over the River Cole. Turn immediately L and follow the path onto Forth Drive. Turn L and at the end of the road go L to cross the road at the zebra into Babbs Mill Park. At the next path junction turn L and go SO for 1 mile, passing the playground and keeping the lake on your L.
- E At the end of the lake, before reaching the buildings, turn R onto the main Cole Valley path. Follow the main path SO for 0.75 miles to reach Packington Avenue. Cross over to rejoin the path for a further 0.75 miles. Cross the main road at the toucan. Take the next path L across the River Cole and turn R alongside the recreation ground, eventually emerging in a residential area.
- At the end of Vintage Close turn R. Follow the road around to the L, past the playground and turn first L into Bushbury Rd and second R into Tirley Rd. Go L around the large grass circle and turn second L into Peplow Rd. At the roundabout take the third exit into Kempe Rd.
- At the end go L and third L into Elmore Rd. At the end turn R and at the crossroads turn L, crossing the railway. Go SO at the mini-roundabout, eventually reaching Meadway. Cross with care to the cycle 'gap' and continue along Church Rd (which becomes a 'no through road') through old Yardley,

