

Cyclesolihull was established by volunteers in 2005 to encourage more cycling. Since then we have organised over 1,000 free rides with over 13,000 riders taking part.

Cyclesolihull rides are regular free cycle rides organised by volunteers. They are a fun way to explore your local area at a leisurely pace with other people.

The rides take place on the basis of all riders accepting responsibility for their own safety. Ride lengths vary from 5 to 30 miles and start from over 20 different locations.

Riders travel at their own pace and there are regular short stops so nobody gets left behind. Sunday and evening ride timings are based on a 8 mph average speed but this varies depending on who is on the ride - expect the shorter rides to be a little slower than this and the longer rides a bit faster. **Saturday Stretcher** rides are at a faster pace, typically 10-12 mph and are suitable for more experienced cyclists.

Find the ride or route that suits you best!

5 miles Taster T routes are introductory rides which are especially suitable for beginners and children. *Total ride time including stops is about 1½ hours.*

10 miles S routes are ideal if you just want a short easy ride. They are also great for families. *Total ride time including stops is about 2 hours.*

These shorter rides are highlighted yellow in the programme.

15 miles M routes are an opportunity to try a slightly longer ride. *Total ride time including stops is about 2½ hours.*

20 miles L routes are longer more challenging rides. *Total ride time including stops is about 3 hours.*

30 miles Saturday Stretcher rides are our longest regular rides and go at a faster pace with no fixed route. *Total ride time including stops is about 3½ hours.*

Ride distances may vary by +/- 10% depending on the route. Actual ride distances are shown for each ride followed by the Cyclesolihull route number.

All Abilities and Ages Welcome!

Cyclesolihull rides are a great way for people to enjoy cycling on the borough's quieter roads and paths. **Children** learning to cycle on the road with their parents are welcome on Sunday rides. Less experienced riders and those bringing children are recommended to try the **Taster** and shorter **S** rides first (highlighted in yellow in the programme).

Cyclesolihull routes form the basis of the rides. There are over 50 different routes using quiet roads and cycle paths and are ideal for a half-day out. You can also cycle them alone or with family and friends. Individual leaflets containing a detailed map and directions can be downloaded for most of the routes from our website.

Get Cycling Again this Summer!

Cycling is great fun, a good way to keep fit and the perfect way to explore your local area. Cyclesolihull rides are a great way to begin getting out and about again. Due to the ongoing Covid-19 situation we have made a few temporary changes to how our rides operate:

- Rides must be booked in advance using **Ticketsource**. This is easy to do, either via a link on our website or direct at ticketsource.co.uk/cyclesolihull.
- Rides will be limited to 6 riders or as allowed by Government rules applying at the time of the ride.
- Riders should bring their own refreshments for the en-route rest stop of about 20 minutes. The ride leader may, at their own discretion, stop at a pub or café for this stop if circumstances permit.
- Riders are expected to observe social distancing at all stops and before and after the ride.
- **ENJOY YOUR CYCLING BUT STAY SAFE!**

cyclesolihull.org.uk



Regular **FREE** cycle rides
in and around Solihull

CycleSolihull

Explore your borough by bike



- Sunday afternoon & weekday evening leisure rides
- Saturday morning rides at a faster pace
- Over 20 local start points
- Dates & times inside

Spring & Summer Rides

April – September 2021

cyclesolihull.org.uk

During the Covid-19 emergency special conditions will apply to our rides and advance booking may be required. See the back page for full details.

Sunday Cycle Rides

Rides will set off at **2 pm** from the following start points. Shorter rides are highlighted in **yellow**.

April

- 4th Monkspath (15 miles, Route M6)
- 11th Dickens Heath (5 miles, Route T4) **Taster**
- 18th Cheswick Green (22 miles, Route L9)
- 25th Hockley Heath (11 miles, Route S11)

May

- 2nd Balsall Common (17 miles, Route M8)
- 9th Monkspath (6 miles, Route T6) **Taster**
- 16th Dorridge Station (21 miles, Route L1)
- 23rd Knowle (9 miles, Route S2)
- 30th Solihull Lodge (16 miles, Route M10)

June

- 6th Hockley Heath (16 miles, Route M11)
- 13th Dorridge Park (6 miles, Route T1) **Taster**
- 20th Knowle (21 miles, Route L2)
- 27th Cheswick Green (10 miles, Route S9)

July

- 4th Shirley (15 miles, Route M14)
- 11th Dickens Heath (5 miles, Route T4) **Taster**
- 18th Coleshill (23 miles, Route L15)
- 25th Cath-de-Barnes (9 miles, Route S3)

August

- 1st Meriden (16 miles, Route M5)
- 8th Monkspath (6 miles, Route T6) **Taster**
- 15th Balsall Common (18 miles, Route L8)
- 22nd Dorridge Station (9 miles, Route S1)
- 29th Castle Bromwich (16 miles, Route M18)

September

- 5th Brueton Park (16 miles, Route M7)
- 12th Dorridge Park (6 miles, Route T1) **Taster**
- 19th Sept at 2 pm Dickens Heath (22 miles, Route L4)
- 26th Sept at 2 pm Monkspath (11 miles, Route S6)

Evening Explorer Rides

Rides will set off at **7 pm** from the following start points. Shorter rides are highlighted in **yellow**.

- Tues 4th May Cath-de-Barnes (9 miles, Route S3)
- Thurs 13th May Dorridge Station (9 miles, Route S1)
- Tues 18th May Coleshill (11 miles, Route S15)
- Thurs 27th May Dickens Heath (10 miles, Route S4)
- Tues 1st June Meriden (10 miles, Route S5)
- Thurs 10th June Monkspath (11 miles, Route S6)
- Tues 15th June Malvern Park (9 miles, Route S7)
- Thurs 24th June Solihull Lodge (12 miles, Route S10)
- Tues 29th June Balsall Common (8 miles, Route S8)
- Thurs 8th July Olton (12 miles, Route S19)
- Tues 13th July Knowle (10 miles, Route S2)
- Thurs 22nd July Hockley Heath (11 miles, Route S11)
- Tues 27th July Marston Green (11 miles, Route S12)
- Thurs 5th August Cheswick Green (10 miles, Route S9)
- Tues 10th August Bentley Heath (11 miles, Route S13)

Ride Start Points

- Balsall Common** library CV7 7EL (Routes S8, M8, L8, XL8).
- Bentley Heath Park** car park, Widney Rd B93 9BQ (Routes S13, M13).
- Brueton Park** car park, Warwick Rd B91 3HW (Route M7, L7).
- Catherine-de-Barnes** The Boat Inn B91 2TJ (Route S3).
- Castle Bromwich** church, Chester Rd B36 9DE (Route S18, M18).
- Chelmsley Wood** Asda car park B37 5EX (Routes S17, M17).
- Cheswick Green** shops B90 4JA (Route S9, M9, L9, XL9).
- Coleshill** Parkfield Rd car park B46 3NT (Routes S15, M15, L15).
- Dickens Heath** library B90 1SD (Routes T4, S4, L4, XL4).
- Dorridge Park** Arden Rd car park B93 8LJ (Route T1).

Saturday Stretcher Rides

Rides will set off at **9.30 am** from the following start points. All rides are about 30 miles long and do not have a fixed route.

April

- 3th Dorridge Station
- 10th Dickens Heath
- 17th Knowle
- 24th Meriden

May

- 1st Hockley Heath
- 8th Lapworth
- 15th Coleshill
- 22nd Brueton Park

June

- 5th Balsall Common
- 12th Dorridge Station
- 19th Dickens Heath
- 26th Knowle

July

- 3rd Meriden
- 10th Hockley Heath
- 17th Lapworth
- 24th Coleshill

August

- 7th Brueton Park
- 14th Balsall Common
- 21st Dorridge Station
- 28th Dickens Heath

September

- 4th Knowle
- 11th Meriden
- 18th Hockley Heath
- 25th Lapworth

Dorridge Station rail station B93 8JA (Route S1, L1).
Hockley Heath post office B94 6QT (Routes S11, M11, L11, XL11).
Knowle parish church B93 0LN (Routes S2, M2, L2).
Lapworth rail station B94 6JJ (Routes M16, XL16).
Lyndon recreation ground, Richmond Rd B92 7SA (Route M20)
Malvern Park playground car park B91 3EA (Route S7).
Marston Green Elmdon Lane car park B37 7DL (Routes S12, M12, L12).
Meriden The Green CV7 7LN (Routes S5, M5, L5).
Monkspath Shelly Farm shops B90 4EH (Routes T6, S6, M6).
Olton Park Brackleys Way B92 8QE (Route S19).
Shirley Park behind former Aldi B90 3AG (Route M14).
Solihull Lodge Daisy Farm Park car park, Maypole Lane B14 4PJ (Routes S10, M10).