

Cyclesolihull Routes

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

This series of routes, developed by Cyclesolihull will take you along most of the network of quiet lanes, roads and cycle paths in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road with their parents.

You can cycle the routes alone, with family and friends, or join other people on one of the regular Cyclesolihull rides.

Route Lengths and Route Numbers

There are over 50 routes in this series which are grouped by distance using a route letter:

- T (Taster) routes are about 5 miles.
- S (Short) routes are about 10 miles.
- M (Medium) routes are about 15 miles.
- L (Long) routes are about 20 miles.
- XL (Extra Long) routes are about 25 miles.

The route number indicates the starting point – for example routes S2, M2 and L2 all start from Knowle. There are over twenty different starting points. A full list is available from www.cyclesolihull.org.uk.

This is one of a series of cycle route leaflets produced by Cyclesolihull which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free cycle rides, promotes routes like this one and provides information about cycling.

CSXL16-0519

Cyclesolihull Rides

Cyclesolihull offers regular opportunities to join with others to ride many of the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 20 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm from April to September and at 1.30 pm from October to March. One of the routes will be followed with a mixture of route lengths being ridden during each month. In autumn and winter there are more shorter rides to reflect the reduced daylight hours. One Sunday each month in spring and summer the ride is a 5 mile **Taster Ride**. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for new cyclists and children.

Evening Explorer Rides are on a midweek evening from early May to mid-August starting at 7 pm. These rides all follow the shorter "S" routes so are about 10 miles long.

Saturday Stretcher Rides take place weekly on most Saturdays, starting at 9.30 am. They are about 30 long, are at a faster pace and do not follow a fixed route, so are suitable for more experienced cyclists.

All Cyclesolihull rides have an en-route refreshment stop of 20-30 minutes at a family-friendly pub or tearoom.

For ride dates, routes and starting points download the current Ride Programme from:

www.cyclesolihull.org.uk

or pick up a copy on one of the rides.



XL16 extra long route from Lapworth

CycleSolihull

Explore your borough by bike



24 miles via Beusale, Warwick & Norton Lindsey

Have fun and get fit exploring your local area with this self-guided cycle ride.

Route XL16

Lapworth to Beausale, Warwick & Norton Lindsey

Distance: 24 miles (120 to 180 mins)

Start: Lapworth Station, Station Road B94 6JJ SP188715.

Route Summary: A varied ride which is mostly on quiet narrow lanes but with short sections on rural A roads and a stone bridleway.

Refreshments: There many cafes and pubs in historic Warwick and a number of en-route pubs.

Parking: There is free parking at Lapworth station and on-street on Station Road.

The Route

A From outside the station turn L. At the end of the road turn R towards **Baddesley Clinton** soon passing over the **Grand Union Canal**. Turn first L (opposite **Baddesley Clinton NT**) into **Netherwood Lane**. Turn first R.

B At the main **A4141** road go SO towards **Fen End**. Follow this road for nearly 2 miles. At the crossroads turn R to **Honiley**.

C At the end turn R onto the **A452 Meer End Rd** (CAUTION – busier road!). After 0.7 miles turn first L into a narrow lane. Follow the lane past **Honiley Church** and at the end turn L. At the crossroads in Beausale village go SO.

D At the end turn L and first R into a narrow unnamed lane.

After 1 mile turn L through a gate onto a stone bridleway and farm access. Follow this through the farm and go SO for 2 miles, the path soon becoming a surfaced lane eventually going over a bridge.

E At the end of the road turn R and second L into **Cape Rd**. Follow this road and turn R just before the zebra crossing into **St Michaels Rd**. In 50 yards turn L on to a path between the houses (after number 3). Cross the grassed area and go under the railway and bear R on to the access road.

F At the end of **Ansell Way** go SO at the traffic signals. Go SO past **Sainsbury's** and then bear R to join the cycle path next to the **race course**. Carry SO, passing **Hill Close Gardens** (café –summer weekends). At the end bear L to reach the main road at the end of **Bread and Meat Close**. Turn R and follow the road for nearly 2 miles, passing over the A46.

G Turn first L on to the **B4463** towards **Sherbourne** and then immediately R towards **Norton Lindsey**. Go SO for 1.4 miles, passing over the M40. At the crossroads turn L into **New Rd**. **At the end turn R by the New Inn**. Follow the road to the end

and turn L. Note the windmill on the L and turn next R into **Curliu Lane**.

H At the **A4189** turn R and immediately L towards **Hatton**. After 0.9 miles turn first L to **Pinley** eventually going under the railway.

I At the end of the lane go SO at the crossroads towards

Lowsonford. Follow the road to the end and turn L to **Lowsonford**. Pass over the **Stratford Canal** and bear R past the **Fleur-de-Lys** pub. Follow the road for 1.8 miles passing over the M42 motorway.

J Turn first R into **Catesby Lane**. At the end turn R (caution busier road!) passing the **Boot Inn**. Go over the canal and under the railway and turn first L to return to the rail station.

