Cyclesolihull routes

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

This series of routes developed by Cyclesolihull will take you along many of the quiet lanes and cycle paths in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road with their parents.

You can cycle the routes alone, with family and friends, or join other people on one of the regular Cyclesolihull rides.

Route Lengths and Route Numbers

There are over 50 routes in this series. They are grouped by distance using a route letter:

- T (Taster) routes are about 5 miles.
- **S** (Short) routes are about 10 miles.
- M (Medium) routes are about 15 miles.
- L (Long) routes are about 20 miles.
- **XL** (Extra Long) routes are about 25 miles.

The route number indicates the starting point – for example routes S2, M2 and L2 all start from Knowle. There are over twenty different starting points. A full list is available at **www.cyclesolihull.org.uk**.

This is one of a series of cycle ride leaflets produced by Cyclesolihull which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free cycle rides, promotes routes like this one and provides information about cycling.

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Cyclesolihull rides

Cyclesolihull offers regular opportunities to join with others to ride many of the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 5 and 15 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm from April to September and at 1.30 pm from October to March. One of the Cyclesolihull routes will be followed with a mixture of ride lengths during each month. In autumn and winter there are more shorter rides to reflect the reduced daylight hours. One Sunday of the month in spring and summer the ride is a 5 mile **Taster Ride**. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for new cyclists and children.

Evening Explorer Rides are weekly on a midweek evening from early May to mid-August starting at 7 pm. These rides all follow the shorter 'S' routes so are about 10 miles long.

Saturday Stretcher Rides take place weekly on most Saturdays, starting at 9.30 am from a varying start point. The rides are about 30 miles long, are at a faster pace and do not follow a fixed route, so are suitable for more experienced cyclists.

Cyclesolihull rides have a refreshment stop for 20 to 30 minutes. We recommend you bring your own refreshments on our rides but where possible the stop is at a pub or cafe.

For the latest ride dates, routes and starting points download our current Ride Programme from:

cyclesolihull.org.uk







Explore your borough by bike



14 miles via Olton, Elmdon, Marston Green and Sheldon Country Park

Have fun and get fit exploring your local area with this self-guided cycle ride using cycle paths and quiet roads. This guide contains a map and detailed directions to enable you to easily follow the route.

Route M20 from Lyndon via Olton, Elmdon, Marston Green & Sheldon **Country Park.**

Distance: 14 miles (90-120 mins). Start: Barn Lane Recreation Ground car park, Richmond Rd B92 7SA SP137832 ///spare.model.cube.

Route Summary: A varied ride using quiet suburban roads, and off-road paths passing through six local parks.

Refreshments: There are a number of pubs, cafes and shops along the route.

Parking: There is a free car park at the start point.

The Route

A From the car park, cross at the zebra and go down the path opposite into **Kent's Close**. At the end turn R and almost immediately L down a narrow path. Follow this to the end and turn R into Eastbury Drive. At the end turn L and almost immediately R down another path between the houses to enter Olton Jubilee Park.

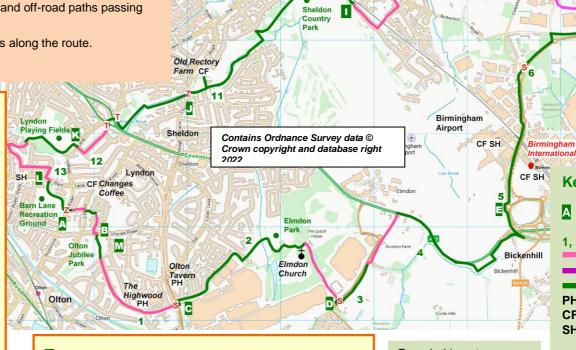
E Cross the park, bearing R after the bridge. Go SO into Summerfield Rd which becomes Rodney Rd. At the end cross the main road via the pedestrian/cycle signals and go L on the cycle path across the entrance to Land Rover and immediately turn R down the path next to the end house.

C Follow this twisting path for 0.7 miles. At the end cross the road into Elmdon Park. Go SO across the bridge and r turn R. Follow the main path L winding up the steep hill. At the top cross the car park and turn R after Elmdon Church. Follow the narrow lane to the end.

Cross the main road at the signals going SO into the access road opposite and turn L to join the roadside cycle path. Follow this for 600 yards and turn R into Old Damson Lane. Follow the lane SO until you reach the A45 Coventry Rd. Turn R along the roadside cycle path. Beyond the airport runway bear L along the path going back towards the road. Before the road overbridge bear R up the ramp and then L along the path towards Birmingham Airport.

E At the roundabout go SO on the cycle path across the car park entrance and turn R to cross the dual carriageway (Airport Way). Follow the path L, past the car hire bay, to emerge alongside another dual carriageway. Follow the cycle path for 1.1 miles. At the third roundabout go L into **Progress Way** and first R down a path. At the next path junction go L and at the end turn L onto the main road through Birmingham Business Park.

Go SO at two roundabouts then, after 400 yards, turn L into **The Crescent**. Turn 3rd L onto a path signed to Chelmsley Wood. At the end cross at the toucan and follow the path L and R into Chelmsley Rd.



N

G At Barnard Close. cross Chelmsley Rd and go into the road behind the bus shelter (caution no dropped kerb!). Turn 2nd L and continue SO along White Beam Rd. Turn 3rd R into Box Rd. At the end turn L onto Helmswood Dr and turn next L into Berwicks Lane and R into Maple Leaf Drive. Follow this winding road passing the shop.

H At the end turn L and just before the roundabout go R onto the path through Marston Green Park. Cross the bridge and go R and L at the two triangular path junctions. At the end of the path go L into a residential road. At the crossroads, by the clock, go SO and first R into Land Lane. At the end turn R.

At the car park follow the path on the far side L down into Sheldon Country Park. Follow the main path to the Airport Viewing Area and go SO ignoring the path to the L. At the end of the path go L and next R to continue through Sheldon Country Park. Follow the main path until the end crossing the brook twice. (follow signs R to visit **Old** Rectory Farm and Cafe).

J At the road cross using the parallel (zebra) crossing and continue SO along the park path. Follow the path R and L across the bridge to eventually reach the A45 Coventry

To cycle this route, memorise the instructions between each green reference point, relating the turns to the map. The place and road names in **bold** appear on signs along the route.

Green

Marston

SH

Green

10

SH

Key to Map

ΑB

1, 2

PH

Birmingham

Business Park

PH The

Little Owl

- Start and route reference point
- Mileage from start point
- Quiet road
- Busier road
- Cycle path Public House
- Café or tearoom
- CF SH Shop selling drinks,
 - sweets etc
- Z.P.T.S Zebra, pelican, toucan, signalised crossing
 - Rail station
 - Park

Abbreviations used in the route description: L left, R right, SO straight on.

Road. Turn R and cross at the toucan. Follow the path R and L passing behind Aldi. Turn L after crossing a further toucan and R into Keswick Road. At the end turn R.

K At the main road cross SO into the Lyndon Playing Fields. Follow the path L through the park. After 600 yards turn L onto a narrow short path into Longley Crescent. Turn L and at the end turn L and then L again into Bosworth Road. Turn first L into Hardwick Rd. At the end ao R.

At the end of **Shalford Rd** turn L and then immediately R past the barrier into the car park. Go L through the car park and onto a path along the park boundary back to the start point.